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"PARISH PULSE" NEWSLETTER OF ST. MARK OCEAN PARK

SUNDAY JULY 29, 2018

<u>Found</u> – a couple of pieces of jewellery have been found and turned into the office. If you are missing a dangle, clip-on earing, OR a stone set in silver, please see the Office Administrator.

BIBLE READINGS FOR August 5

2 Samuel 11:26-12:13a, Psalm 51:1-12 Ephesians 4:1-16, John 6:24-35

PRAYER CHAIN coordinator is Michael Weller. He can be reached at weller301@shaw.ca or 604.538.9334. This ministry is a blessing to both those for whom we pray, and those who do the praying!

<u>FLOWERS FOR THE ALTAR</u> – are given in thanksgiving and to the Glory of God in remembrance of dear Lilly Poulsen, mother and mother-in-law of Jeff and Shannon Poulsen; what a glorious life and we honour it every day.

THE LUNCH BASKET FOR HUNGRY CHILDREN

is provided this week by Mildred Marsden to the Glory of God and in thanksgiving for her family, especially kids and grandkids.

<u>Prayers are requested for</u> our former Music Director Jenni Driscoll Holmes who has a lifethreatening form of cancer. For further information you may contact the website:

<u>www.gofundme.com/jenni-holmes-tuning-outcancer</u>.

Decorations Needed for "Shipwrecked VBS"

Hello, all! We need decorations for "Shipwrecked VBS". We are seeking desert island-themed items, such as stuffed tropical animals, fake tropical flowers, old suitcases, and beach toys. If you would like to loan any items, please place them in the box in the narthex labelled "VBS Decorations". Thank you!

Adult Volunteers Needed for Shipwrecked VBS

All hands on deck! We need volunteers to help before, during, and after Shipwrecked VBS, which takes place from August 20 to 24. There are many fun volunteer positions available, which require varying levels of time commitment. If you are interested, please email Laurie Stephenson (lawren85@telus.net) or Kate Herron (herronkate98@gmail.com) or see them in the Narthex. Thank ye!

QUICK LOOK AHEAD

Sun. Aug. 5 Guest preacher: Rev. Steve Bailey
Mon. Aug. 20 Fri. Aug. 24: 9 am-12 noon Vacation
Bible School: "Shipwrecked" with Laurie and Kate.
Sun. Sept. 2 10 am Outdoor chapel service. There
will be services at 8 & 10 am in the church.
Sat. Sept. 8 5:30 pm Men's Club Salmon BarBQ
Tue. Oct. 9 6 pm Men's Club: Special presentation
on the Israel pilgrimage
Fri. Oct. 12-Sup. Oct. 14: "Prayer Bayond Words"

<u>Fri. Oct. 12-Sun. Oct. 14:</u> "Prayer Beyond Words" retreat at Camp Elphinstone. Contact Lynne Hurd <u>Sat. Oct. 13</u> Special Synod. Synod delegates are to attend.

LIBRARY NEWS

When given only three months to live **Edie Littlefield Sundby** decided to walk the 800 mile Historic California Mission Trail. She knew that



if she was still walking she was still alive. **The Mission Walker** takes you to 21 missions from San Diego to San Francisco.

Upcoming Events

Monday, July 30

9am - Exercise - Hall

Wednesday, August 1

9am – Yoga - Education Centre 10am – Service - Sanctuary

Friday, August 3

9am - Exercise - Hall

1pm – Set Up for Wedding Reception – Hall 5:30pm – Wedding Rehearsal – Sanctuary

Saturday, August 4

10am - Wedding followed by Reception in the Hall

Monday, August 6

Office Closed